# Research Article

# SYNTHESIS AND IN VITRO ASSESSMENT OF ZINC OXIDE NANOPARTICLES FOR THEIR ANTIOXIDANT AND ANTIBACTERIAL POTENTIALS

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ABSTRACT: Nanoparticles have emerged as wonders of medicine. Zinc oxide (ZnO) nanoparticles have received much attention and are in the forefront of research. In present study, ZnO nanoparticles were synthesized by chemical method and they were *in vitro* evaluated for antioxidant and antimicrobial potentials. The suspension of different concentrations of ZnO nanoparticles were evaluated for different parameters on day 1, 30 and 60 after its preparations. The average size of ZnO nanoparticles synthesized in this study was in the range of 73-87 nm with a polydispersity index of 0.578. ZnO nanoparticles scavenge different *in vitro* free radicals (ABTS, DPPH, superoxide anion and hydrogen peroxide) in concentration dependent manner. The percent inhibitions and IC $_{50}$  values of ZnO nanoparticles against free radicals were more and less, respectively on day 1 as compared to day 30 and 60. The antioxidant and antibacterial actions of ZnO nanoparticles suspensions was lower on day 60 as compared to day 1. MIC and MBC values of ZnO nanoparticles on day 1 against *E. coli* were 8.0 and 64.0 µg/ml, respectively. MIC and MBC values against both bacterial strains were increased on storage of ZnO nanoparticles for 60 days. In conclusions, the use of ZnO nanoparticles can be extended in the field of Veterinary sciences, Medical sciences, agriculture, food sciences, tap water and wastewater disinfection etc. to counter the diseases/disorders/problems associated with free radicals and bacteria.

Key words: Zinc oxide nanoparticles, In vitro potentials, Antioxidant, Antibacterial, MIC, MBC.

### INTRODUCTION

Nanotechnology has emerged as one of the most promising areas of research in science and technology, which has brought a paradigm shift in life sciences and revolutionary transformation in domains ranging from health to industrial materials. It signifies innovation and platform to make novel nanomaterials for a wide range of biological and biomedical applications (Singh et al. 2014). This technology has also emerged as a more impactful and rapidly developing technology in several other fields of human life as well, i.e. optics, chemical sensors, electronics, solar cell storage, food packaging and cosmetics, all over the world (Panda et al. 2017, Sangeetha et al. 2011). Nanoparticles are the key product of nanotechnology. Different types of nanoparticles or nanomaterials are used in consumer goods in day-to-day life and these are synthesized by using physical, chemical,

or biological methods for several applications. Recently, nanoparticles have been considered as wonders of medicine. Nanoparticles are seemed more impressive as they have unique physical properties, i.e. relatively small size, higher surface energy, and optical, magnetic, chemical and biological behaviors (Rehana *et al.* 2017, Vijayakumar *et al.* 2016). The efficiency of action of nanoparticles is not only depends on the nanoparticle's concentration, but size of nanoparticles also has great influence (Ankanna and Savithramma 2011, Qi *et al.* 2004).

Increased production of highly reactive oxygen species (ROS) in biological system leads to oxidative stress (Nita and Grzybowski 2016), which has been observed to increase the incidences of different diseases such as cancer, cardiovascular disease, diabetes, arthritis, skin problems by UV rays etc. (Nash and Ahmed 2015).

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Different antioxidants play important roles in neutralizing the actions of different free radicals in the biosystems. In recent years, bacterial resistance has also emerged very rapidly and become as one of the major concerns of the 21<sup>st</sup> century at global level. Different approaches involving the nanotechnology for several different metals and metal oxides have attempted with some good results in respect to their potent antioxidant and antibacterial actions (Yaqoob *et al.* 2020, Tettey and Shin 2019).

Zinc oxide (ZnO), one of the metal oxides, possesses several biological actions and its nanoparticles forms have better potentials. ZnO has been considered "generally recognized as safe" (GRAS) for use by the U.S. Food and Drug Administration (21CFR182.8991), and its nanomaterials have low toxicity and optimum biodegradability (Pati *et al.* 2014, Ko *et al.* 2018). In the recent past, ZnO nanomaterials have received much attention and are in the forefront of research due to their unique properties as well as wide applications. Different biological potentials and applications of ZnO nanoparticles include antibacterial, antifungal, anti-inflammatory, wound healing, anti-corrosive, UV filtering, antioxidant, anticancer, anti-dandruff etc. (Pati *et al.* 2014, Ratney and David 2017, Jamdagni *et al.* 2018).

Although, antioxidant and antibacterial activities of ZnO nanoparticles prepared by different approaches have been evaluated in some studies, but the studies related to the stability of prepared nanoparticles and their antioxidant as well as antibacterial potentials after their storage for different durations are completely lacking to the best of our knowledge. So, in present study, we synthesized the ZnO nanoparticles for the evaluation of their antioxidant and antibacterial activities on day 1, 30 and 60 to determine their stability and antioxidant and antibacterial potentials during its storage for different durations.

# MATERIALS AND METHODS

#### Chemicals used

Zinc acetate, zinc oxide, sodium hydroxide, dimethyl sulfoxide (DMSO), ascorbic acid, 2,2-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) diammonium salt (ABTS), potassium persulfate, 2,2- diphenyl-1-picryl hydrazyl (DPPH), phenazine methosulphate (PMS), nitroblue tetrazolium (NBT), hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), ferric chloride (FeCl<sub>3</sub>), nicotineamide adenine dinucleotide hydrogen salt (NADH), disodium hydrogen phosphate, potassium dihydrogen phosphate, 2- deoxy-D-ribose, potassium dihydrogen phosphate (KH<sub>2</sub>PO<sub>4</sub>), potassium hydroxide (KOH), ethylene diamine tetramine (EDTA), nutrient agar (NA), nutrient broth (NB) etc. of

analytical grade were purchased from Sisco Research Laboratories (SRL), New Delhi, India. The Staphylococcus aureus (S. aureus) (MTCC 1430) and Escherichia coli (E. coli) (MTCC 2127) were two bacterial strains gifted from the Department of Biotechnology, University of Jammu and used in this study. Tetracycline and gentamicin were used as standard antibiotics and procured from Sigma Aldrich, USA.

# Synthesis of ZnO nanoparticles

Nanoparticles of ZnO were synthesized by using zinc acetate [Zn (CH<sub>2</sub>COO)<sub>2</sub>.2H<sub>2</sub>O] and sodium hydroxide as precursor chemicals. Briefly, aqueous solution of zinc acetate (0.5 M) was kept under on magnetic stirrer at 80 °C for one hour and NaOH aqueous solution (2.5 M) was added drop by drop under high speed constant stirring after complete dissolution of zinc acetate. After 2 hrs of the completion of reaction, the solution was kept overnight, and the supernatant solution was separated carefully on next day. The precipitates from remaining solution were removed by using centrifuge (Make: Remi Lab World, India) at 6000 rpm speed for 10 min. Precipitated ZnO nanoparticles were washed and dried in oven at about 60 °C. The size of synthesized ZnO nanoparticles was determined within a day by Zetasizer (Make: Malvern Instruments, USA). The ZnO nanoparticles were further evaluated for antioxidant potentials against different in vitro free radicals (ABTS, DPPH, superoxide anion and hydrogen peroxide radicals). The in vitro minimal inhibitory concentrations (MIC) and minimal bactericidal concentrations (MBC) of synthesized ZnO nanoparticles were determined against S. aureus and E. coli bacterial strains by using broth dilution assay and two-fold dilutions of nanoparticles were used (Humberto et al. 2010). The suspensions of ZnO nanoparticles were kept at room temperature for maximum 60 days. The average size of nanoparticles was again determined on day 30 and 60, and they were also again evaluated for the different in vitro parameters on day 30 and 60.

# Antioxidant activity of ZnO nanoparticles

Different concentrations of ZnO nanoparticles (6.25 to 800.0 μg/ml) were used to determine the total antioxidant activity based on ABTS<sup>++</sup> scavenging assay according to the method of Re *et al.* (1999) and Kant *et al.* (2012). The ABTS radicals scavenging capacity was performed by mixing different concentrations of ZnO nanoparticles with ABTS<sup>++</sup> solution. After proper mixing, the absorbance was recorded at 734 nm after 3 min. ABTS<sup>++</sup> solution without nanoparticles was used as

control solution. The ascorbic acid was used as standard antioxidant. The percentage of inhibition of ABTS<sup>\*+</sup> radicals at different concentrations were determined by using the following formulae:

% ABTS\*+ inhibition =  $[1 - (A_{734}nm Sample/ A_{734}nm Control)] x 100$ 

Different concentrations of ZnO nanoparticles (6.25 to 800.0 µg/ml) were used to determine the free radical scavenging activity based on DPPH radicals scavenging assay according to the method of Hsu et al. (2006) and Kant et al. (2012). DPPH radical scavenging assay is an easy and fast way to screen the antioxidant activity of the test compound (Huang et al. 2005). DPPH is a stable compound and accepts hydrogen or electrons (Gulcin 2004). By getting hydrogen or electron from donor atom DPPH free radical is reduced (Bhakya et al. 2015). The odd electron of DPPH accepts the hydrogen atom from the antioxidants and changes to identical hydrazine (Contreras-Guzman and Strong 1982). Deep violet color of DPPH solution gradually changes to pale yellow in the presence of antioxidants. The DPPH radicals scavenging capacity was performed by mixing different concentrations of ZnO nanoparticles with DPPH solution. DPPH solution without ZnO nanoparticles was used as control solution. Solutions were kept at room temperature  $(22 \pm 3^{\circ}\text{C})$  in the dark for 30 minutes and the absorbance of the samples and control solutions were determined at 517 nm. The ascorbic acid was used as standard antioxidant. The % DPPH radical scavenging activity was calculated as follows:

% DPPH radical scavenging activity =  $[1 - (A_{517}nm sample / A_{517}nm control)] x 100$ 

Superoxide anion radicals scavenging ability of different concentrations of ZnO nanoparticles (6.25 to 800.0  $\mu$ g/ml) was determined by the method described by Nishikimi *et al.* (1972) and Kant *et al.* (2012). The reaction mixture contained 1 ml of NBT solution (156  $\mu$ M), 1ml of NADH solution (468  $\mu$ M) and 0.5 ml diluted sample of different concentrations fraction. Addition of 100  $\mu$ L PMS solution (60  $\mu$ M prepared in phosphate buffer, pH 7.4) to the mixture was done to accelerate the reaction. The reaction mixture and control sample (without nanoparticles) were mixed properly and incubated at 25°C for 5 min and absorbance at 560 nm was measured. The ascorbic acid was used as standard antioxidant. Percentage inhibition of the superoxide anion radicals was calculated using the following equation:

% superoxide radical scavenging activity = [1–  $(A_{560}$ nm sample /  $A_{560}$ nm control)] x 100

Different concentrations of ZnO nanoparticles (6.25 to  $800.0~\mu g/ml$ ) were used to determine the scavenging of hydrogen peroxide radicals according to the method of Jayaprakasha *et al.* (2004). A solution of hydrogen peroxide (20 mM) was prepared in phosphate buffered saline (pH 7.4). One ml of various concentrations of ZnO nanoparticles and ascorbic acid (standard antioxidant) were added to 2 ml of hydrogen peroxide solution in PBS. After 10 min, the absorbance was measured at 230 nm. Percentage inhibition of the hydrogen peroxide radicals was calculated using the following equation:

% Hydrogen peroxide radical scavenging activity =  $[1-(A_{230}nm \text{ sample} / A_{230}nm \text{ control})] \times 100$ 

Table 1.  $IC_{50}$  values ( $\mu g/ml$ ) of ZnO nanoparticles against ABTS, DPPH, superoxide anion and hydrogen peroxide radicals on different days.

Parameters	Ascorbic acid	ZnO nanoparticles			
		Day 1	Day 30	<b>Day 60</b>	
Total antioxidant activity (ABTS) (µg/ml)	79.13±1.75	208.67±1.46 <sup>a</sup>	261.10±2.16 <sup>ab</sup>	286.74±2.02 <sup>abc</sup>	
Free radical scavenging activity (DPPH) (µg/ml)	63.36±2.16	229.67±1.66 <sup>a</sup>	$323.53{\pm}1.21^{ab}$	$381.45 \pm 0.86^{abc}$	
Superoxide radical scavenging activity (µg/ml)	82.11±3.18	336.31±1.08 <sup>a</sup>	$383.85 \pm 1.39^{ab}$	429.37±1.13 <sup>abc</sup>	
Reducing power activity ( $\mu g/ml$ )	86.51±3.46	273.46±1.27a	$311.20 \pm 1.56^{ab}$	374.72±1.06 <sup>abc</sup>	

Data are expressed as means  $\pm$  SE. <sup>a,b,c,</sup> represent p < 0.05 vs ascorbic acid, ZnO nanoparticles day 1 and ZnO nanoparticles day 30, respectively on the same day.

Table 2. The MIC and MBC values (µg/ml) of ZnO nanoparticles (NPs), tetracycline and gentamicin against *S. aureus* and *E. coli* .

Bacteria	ZnO NPs	ZnO NPs (Day 1)	ZnO NPs (Day 30)	Tetracycline (Day 60)	Gentamicin
		MI	C		
S. aureus	8.0	8.0	16.0	4.0	2.0
E. coli	32.0	32.0	32.0	2.0	0.5
			MBC		
S. aureus	64.0	64.0	128.0	20.0	16.0
E. coli	256.0	256.0	512.0	10.0	8.0

# Antibacterial activity of ZnO nanoparticles

Minimal inhibitory concentrations (MIC) of ZnO nanoparticles were determined against S. aureus and E. coli bacterial strains by using broth dilution assay and two-fold dilutions of nanoparticles were used (Humberto et al. 2010). The overnight incubated suspensions of both the bacterial strains were aseptically inoculated (about 10<sup>7</sup> CFU/ml) separately to 15 ml tube nutrient broth medium. Ten different dilutions of ZnO nanoparticles were prepared (2, 4, 8, 16, 32, 64, 128, 256, 512 and 1024 µg/ml) in DMSO were used and tests were performed in triplicates for each concentration for each bacterial strain. DMSO alone was also used as control for this study. The inoculated sets were incubated at 37°C overnight. After incubation period, the visible turbidity in each tube was detected by the unaided eye (CLSI 2012). The lowest concentration with no turbidity was considered as the MIC for the tested strain. The minimum bactericidal concentrations (MBCs) of ZnO nanoparticles were determined by sub culturing the contents of nutrient broth used for MIC tests on nutrient agar plates (Ewnetu et al. 2013). The plates were incubated at 37°C to see bacterial growth after 24 hours incubation. The concentration that showed no growth was considered as the MBC for the tested bacterial strain.

## **Statistical Analysis**

Results are expressed as Mean  $\pm$  SE with n equal to the number of replicates. The statistical significance was analyzed by applying two-way analysis of variance (ANOVA) followed by Bonferroni's post test using the GraphPad Prism v4.03 software program (San Diego, CA, USA). The differences between the different treatments were considered statistically significant at p < 0.05 or lower.

### **RESULTS AND DISCUSSIONS**

The average size of ZnO nanoparticles synthesized in this study was 73-87 nm with a polydispersity index of 0.578. The average size of nanoparticles in the suspension on day 30 and 60 was 155-174 nm and 240-263 nm, respectively. The increase in size of nanoparticles on storage was might be due to the agglomeration of particles. In our earlier study, ZnO nanoparticles synthesized by the same method were spherical shape and average size by transmission electron microscopy (TEM) studies was in the range of 28-43 nm (Gupta et al. 2016). The variations in size of nanoparticles were might be due to accuracy of the instruments and sample lot differences. It has been observed that small size of the nanoparticles allows their internalization into cells, and to interact with biomolecules within or on the cell surface, enabling them potentially to affect cellular responses in a dynamic and selective manner that makes them well suited for biological applications (Cho et al. 2008).

Many disorders or diseases in humans and animals associated with the free radicals and the free radicals have been found accountable for producing cancer, diabetes, cardiovascular disease, ulcerative colitis, aging, atherosclerosis, Alzheimer's disease, neural disorders, mild cognitive impairment, Parkinson's disease, alcohol induced liver disease etc. (Velavan 2011). There are different in vitro methods which are used to determine the antioxidant activities. However, the results obtained from in vitro methods are difficult to apply to biological systems and do not inevitably predict a similar in vivo antioxidant activity. Different in vitro methods that have been developed to assess the antioxidant activity have strengths as well as limitations and a single measurement of antioxidant capacity usually is not sufficient. Thus, a number of different methods may be necessary to adequately assess in vitro antioxidant activity of a specific

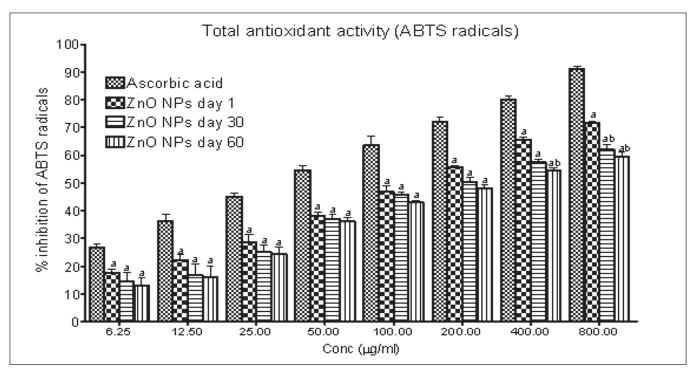


Fig. 1. Total antioxidant activity (ABTS radicals scavenging) of different concentrations of ZnO nanoparticles (NPs) on days 1, 30 and 60.

Results are expressed as Mean  $\pm$  SE (n = 3). <sup>a,b,c,</sup> represent p < 0.05 vs ascorbic acid, ZnO nanoparticles day 1 and ZnO nanoparticles day 30, respectively at the same concentration.

compound. In present study, different concentrations of the synthesized ZnO nanoparticles were investigated using ABTS, DPPH, superoxide and hydrogen peroxide radical scavenging assays with respect to the standard antioxidant *i.e.*, ascorbic acid.

ABTS radical scavenging is a more sensitive and specific method to predict the free radical scavenging effect of any test compound (Ilhami et al. 2010). ABTS radicals are chemically produced, and their stability in a wide pH range and solubility in both the organic as well as aqueous media has raised the interest in the use of ABTS radical for the screening of the antioxidant activity of the test compound (Bala et al. 2015). In present study, synthesized ZnO nanoparticles and ascorbic acid (standard antioxidant) at different concentrations showed the inhibition of ABTS free radicals in a concentration dependent manner on different days (Fig. 1). The ABTS radicals scavenging potentials of ZnO nanoparticles were significantly lowered at all the concentrations after their storage for 30 and 60 days and this was might be due to agglomeration of particles (Bruinink et al. 2015, Zakharova et al. 2015). On day 1, the  $IC_{50}$  values (Table 1) of ZnO nanoparticles against ABTS radicals were significantly lower than the values of day 30 and 60. This revealed that IC<sub>50</sub> value of ZnO nanoparticles for ABTS radicals significantly increased on storage and all these

values were also significantly lower than ascorbic acid. It is known that lower the  $IC_{50}$  values greater the hydrogen donating ability and thus the antioxidant activity of the free radical scavengers.

In our study, ZnO nanoparticles showed scavenging of DPPH radicals on different days, and percentage of scavenging increased linearly with the increase in concentration for ZnO nanoparticles and ascorbic acid (Fig. 2). There was also significant reduction in the scavenging of DPPH radicals by different concentrations of ZnO nanoparticles on day 30 and 60. The IC $_{50}$  value of ZnO nanoparticles against DPPH radicals on day 1 was lesser as compared to day 30 and 60 values *i.e.*, 229.67 $\pm$ 1.66 versus 323.53 $\pm$ 1.21 and 381.45 $\pm$ 0.86 (Table 1). This was might be due to agglomeration of particles on storage.

Superoxide anion radicals are oxygen centered radicals generated by the transfer of one electron and play an important role in the formation of other ROS such as hydroxyl radical, hydrogen peroxide, or singlet oxygen in living systems, which causes the lipid peroxidation (Stief 2003). Thus, superoxide anions radicals are considered as precursors to active free radicals that have potential for reactivity with biological molecules and there by inducing tissues damage (Ak and Gulcin 2008). Superoxides were dangerous to the body cell as they had

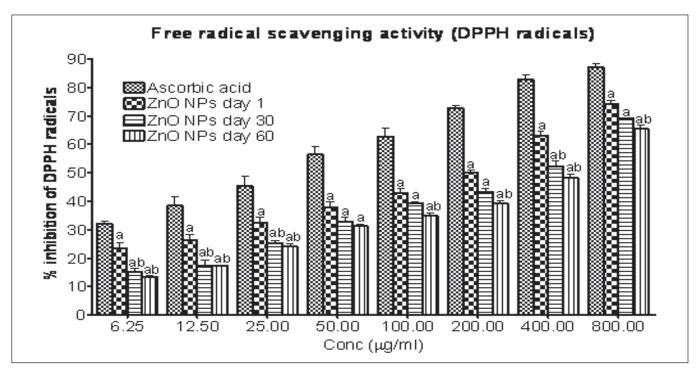


Fig. 2. Free radical scavenging activity (DPPH radicals scavenging) of different concentrations of ZnO nanoparticles (NPs) on days 1, 30 and 60.

Results are expressed as Mean  $\pm$  SE (n = 3). a, b, represent p < 0.05 vs ascorbic acid and ZnO nanoparticles day 1, respectively at the same concentration.

the ability to oxidize DNA and protein (Robak and Gryglewsk 1988). In this study, ZnO nanoparticles scavenge the superoxide anion radicals markedly in concentration dependent manner (Fig. 3). On storage of suspension of ZnO nanoparticles for 30 and 60 days, significant reduction in the scavenging of superoxide anion radicals was also observed, which was might be due to agglomeration of particles on storage. The IC $_{50}$  values (Table 1) of ZnO nanoparticles on day 1, 30 and 60 against superoxide anion radicals were 336.31 $\pm$ 1.08, 383.85 $\pm$ 1.39 and 429.37 $\pm$ 1.13, respectively. This indicated that IC $_{50}$  value of ZnO nanoparticles for superoxide anion radicals also increased significantly with its storage in suspension form due to agglomeration of particles.

Hydrogen peroxide assay give rise to hydroxyl radicals in cells, which itself is not very reactive but sometimes toxic to the cells (Halliwell 1991). Free radicals are scavenged by means of reduction. The reducing power of a compound is linked to the antioxidant activity and thus, the compounds with high reducing ability can exhibit potent free radical scavenging activity. In the present study, the reductive potential of nanoparticle was exhibited in concentration dependent manner (Fig. 4). It was evident from the graph that percentage of scavenging increased with increase in concentration of nanoparticles

and ascorbic acid. There was also significant reduction in the scavenging of hydrogen peroxide radicals by different concentrations of ZnO nanoparticles on day 30 and 60. On day 1, the IC<sub>50</sub> value of ZnO nanoparticles against hydrogen peroxide radicals was significantly lesser as compared to day 30 and 60 values (Table 1). Reduction in the scavenging of different free radicals by ZnO nanoparticles after its storage for 30 and 60 days was might be due to agglomerations of the nanoparticles during the storage, which increased nanoparticles size and decreased actions of the nanoparticles (Bruinink et al. 2015, Zakharova et al. 2015). It was also evident for all the tested free radicals that their scavenging was better for ascorbic acid (standard antioxidant) as compared to ZnO nanoparticles at all the tested concentrations (Fig. 1-4). The IC<sub>50</sub> values of ascorbic acid were also significantly lower than ZnO nanoparticles against all tested free radicals (Table 1). The  $IC_{50}$  represent the concentration (µg/ml) of ZnO nanoparticles or ascorbic acid required for the 50% inhibition of different radicals. The IC<sub>50</sub> values for different radicals were calculated by using the linear regression analysis. Lower IC<sub>50</sub> value of a compound shows its more potency.

The values of MIC and MBC for the synthesized ZnO nanoparticles, tetracycline and gentamicin against *S. aureus* and *E. coli* bacterial strains are presented in

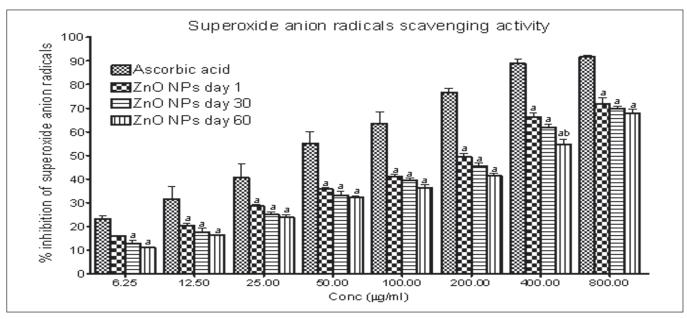


Fig. 3. Superoxide anion radicals scavenging ability of different concentrations of ZnO nanoparticles (NPs) on days 1, 30 and 60.

Results are expressed as Mean  $\pm$  SE (n = 3). are presents p < 0.05 vs ascorbic acid at the same concentration.

Table 2. The ZnO nanoparticles showed antibacterial actions against both the bacterial strains which revealed its powerful broad spectrum anti-bacterial activity. The values of MIC and MBC of ZnO nanoparticles were lower for *S. aureus* than *E. coli* and this revealed that their action was more against *S. aureus* than *E. coli*. Morphological difference, particularly in cell wall and cell membranes,

among the two bacterial strains might attribute the disparity in their sensitivity and leads to the difference in resistance against intrusion of nanoparticle through the walls of bacteria (Stensberg *et al.* 2011, Bruslind 2017, Wang *et al.* 2017). Physiochemical characteristics of ZnO nanoparticles such as size, shape, chemical composition and solubility are also associated with efficacy of ZnO

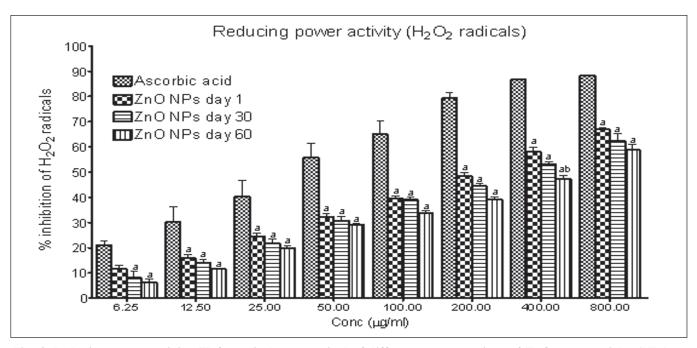


Fig. 4. Reducing power activity  $(H_2O_2 \text{ radicals scavenging})$  of different concentrations of ZnO nanoparticles (NPs) on days 1, 30 and 60.

Results are expressed as Mean  $\pm$  SE (n = 3). a represents p < 0.05 vs ascorbic acid at the same concentration.

nanoparticles (Yambo and Feyissa 2013). In present study also, the size of ZnO nanoparticles affect their efficacy. It was evident in present study that MIC and MBC values for S. aureus and MBC value for E. coli were increased after storage of ZnO nanoparticles for two months. This increase in MIC and MBC value after storage of suspensions of ZnO nanoparticles was might be due to its increased size of nanoparticles due to the agglomerations of nanoparticles during the storage, which resulted in decreased actions of the nanoparticles (Yambo and Feyissa 2013, Bruinink et al. 2015, Zakharova et al. 2015). The same MIC value for E. coli on day 1, 30 and 60 was might be due to the reason that the MIC value falls between 16 to 32 µg/ml. It is well evident that large surface area property of nanoparticles leads to their tightly adsorption on the surface of the bacterial cells, which impairs the bacterial membrane permeability leading to the leakage of intracellular components and thus killing the bacterial cells (Qi et al. 2004). It has been showed that the small size of the nanoparticles may have a greater impact on their bioactivity due to greater accumulation of the nanoparticles inside the cell membrane and cytoplasm (Venckatesh et al. 2013, Jones et al. 2008). Earlier reports of ZnO nanoparticles have revealed that the smaller the particle size, the greater the efficacy in inhibiting the growth of bacteria (Raghupathi et al. 2011). ZnO nanoparticles with average size of 12 nm (concentration of 3mM) can cause 100% inhibition of bacterial growth due to impairment of cell membrane permeability of E. coli leading to the accumulation of nanoparticles in the bacterial membrane and cytoplasm regions of the cells (Brayner et al. 2006). The exact mechanisms of antibacterial actions by ZnO nanoparticles are still not clear, but different studies have proposed that several mechanisms are associated with its antimicrobial activity. Some of the mechanisms include metal ion release (Nagy et al. 2011), oxidative stress induction (Gurunathan et al. 2012), non-oxidative stress (Leung et al. 2014). Earlier studies have also shown that ZnO nanoparticles possess broad antibacterial potentials against different types of gram positive and negative bacteria (Espitia et al. 2012).

#### **CONCLUSION**

In conclusion, ZnO nanoparticles synthesized in this study showed antioxidant activities (against ABTS, DPPH, superoxide anion and hydrogen peroxide radicals) and antibacterial potentials. These properties of ZnO nanoparticles may be extended in the management of different diseases associated with free radicals and microorganisms after testing its efficacy in experimental

laboratory animals. Moreover, in future, further detailed studies to explore the mechanisms of actions for these potentials and safety evaluation studies on eukaryotic cells are needed for the commercialization of these nanoparticles in different fields like Veterinary sciences, Medical sciences, Food sciences, Agriculture etc.

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